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# FOOTPRINTS FOOD PANTRY

Saturday, September 28th • 10AM - 4PM at Fair Tide in Kittery

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## FOOD WISH LIST:

FootPrints Food Pantry serves those living in Kittery, Kittery Point and Eliot. They provide a free four day supply of groceries and personal care items once every seven days for income qualified residents.

- White tuna in water
- Canned & dry beans
- Peanut butter (18 oz)
- Cooking oils
- Healthy snack bars
- Small condiments
- Sugar / Flour (2 lb)
- Canned tomatoes
- Broth
- Low sodium vegetables
- Whole grain rice
- Pasta sauce can
- Plastic Squeeze Jelly (no sugar)
- Canned fruit (no sugar added)
- Pasta / Spaghetti
- Tomato sauce
- Low sodium soups
- Healthy bran cereal
- Baking items
- Shampoo, Deodorant, Toothpaste
- Toilet paper
- Feminine Hygiene Products
- Diapers and Baby Wipes
- Paper Plates and Napkins
- Laundry Detergent (dry only)
- Gluten Free & Sugar Free products welcome

Healthy Foods Welcome! No Glass Containers, Please.  
Visit [www.StuffStella.com](http://www.StuffStella.com) for more information!

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